



Students • Teachers



NUDGE CLUB

About Us

Welcome to **Nudge Club**, where students and teachers breakfree from classroom hierarchies and dive into a safe space! We've heard your voices loud and clear – students feeling unseen, and teachers as superheroes without capes. Get ready for a delightful journey of improved communication, empathy, and understanding through playful activities like magical play therapy, enchanting art adventures, breathwork wonders, and trust-building fun. Get ready to explore, learn, and grow together in our Nudge club adventure!





Nudge Club was developed as part of Aswatna, a program by en.v to empower students to create social change within their schools. Youth feel deeply alienated by the educational system which they move through and therefore are consistently engaged in and curious about what else is possible. Aswatna (and the **Nudge Club**) is an attempt to honor that curiosity by providing youth with the tools and skills we believe will allow them to reimagine what their schools and communities could look like.

Background

Club Activities / Timeline

Through ten structured sessions held over the course of an academic year, **Nudge Club** will bring together up to 25 students, counselors, teachers and school administrators to build greater understanding of each other and enable students to share their vision of what an inclusive school environment looks like.

Each session will be led by a student leader who will facilitate activities and group discussions for club members to establish trust and spark conversations about desired change. The sessions would be held during a zero period once a month with the same 25 members starting September.



E

Fatema Chief
Educator and Artist

H

Hiba Aydeed
Creative Entrepreneur

I

Israt Miya
Aswatna alumnus

M

Maryam Virpurwala
Homemaker & Advocate for
education reform



Nighat Naz
CEO and Founder of Abwab
Institute

Nihal Saheer
Student/ Aswatna alumnus

Qaisarali Merchant
Student / Aswatna alumnus

Taha Banatwala
Occupational Therapist

Waris Anwar
Tech professional

Mubbi Taherbhai
Founder of Abwab Institute



Partners

en.v

A culturally diverse and interdisciplinary team of current and former Kuwait residents and nationals working together to foster a more united, compassionate and resilient society – locally and globally.



DATA4CHANGE

A London-based non-profit with a global network of creative talent collaborating at the intersection of data, design, technology and journalism on projects that forge real change and have lasting impact.

Partners

GUST | CENTER FOR TEACHING,
LEARNING & RESEARCH

The mission of CTRL, part of the Gulf University for Science and Technology (GUST), is to assist educators in their professional development, provide teachers and students with innovative educational methodologies, techniques, and technologies, and serve as a research hub for educators, supervisors, and students.

Zainab Mirza

Zainab Mirza is a writer and developmental editor who calls Kuwait home. She designs and facilitates workshops and programs for Kuwait-based youth, inviting participants to reflect on their own experiences while working towards individual and social change. She is the co-founder of The Divan, a cultural initiative in Kuwait offering individuals a safe space to discuss ideas and question assumptions, and the founder of Typelings, a writing community.

Contact Information

Are you a principal, student or teacher
interested in starting Nudge Club in
your school?

Reach out for more information.

✉ nudgeclub.kw@gmail.com

📷 @nudgeclubkw

🌐 www.thenudgeclub.com

